

USEFUL INFORMATION AND CONTACTS

There is a minor injuries unit at Shotley Bridge Hospital. The nearest A&E departments are at University Hospital of North Durham & Queen Elizabeth Hospital at Gateshead.

<u>Organisation/service</u>	<u>Telephone</u>	<u>website</u>
University Hospital of North Durham	0191 3332333	www.cddft.nhs.uk
Shotley Bridge Hospital	0191 3332333	www.cddft.nhs.uk
Minor Injuries Unit at SBH	01207 594472	www.cddft.nhs.uk
Queen Elizabeth Hospital	0191 4820000	www.queenelizabeth.nhs.uk
Hexham General Hospital	01434 55655	www.northumbria.nhs.uk
Royal Victoria Infirmary	0191 2336161	www.newcastle-hospitals.org.uk
Freeman Hospital	0191 2336161	www.newcastle-hospitals.org.uk
Sunderland Royal Infirmary	0191 5656256	www.sunderland.nhs.uk
Pharmacies		-
Geoff H Furness Ltd, Chopwell	01207 561266	
John Low Ltd, Blackhill, Consett	01207 504131	
Alliance Pharmacy, Consett	01207 502535	
Alliance Pharmacy, Rowland Gill	01207 544103	
Co op Pharmacy, Consett	01207 502365	
Lloyds Pharmacy, Consett	01207 503349	
NHS Direct	0845 46 47	www.nhs.uk
NHS Choices	-	www.nhs.uk
Social Services - Durham	0845 850 5010	www.durham.gov.uk
Social services - Gateshead	0191 4338800	www.gateshead.gov.uk
District nurses (Oakfields Health Centre)	01207 215154	-
Oakfields health Centre Patient Forum representative (Contact via reception)	01207 560 206	-
Patient Advice and Liaison Service (PALS)	01207 523623	www.countydurham.nhs.uk

(NHS County Durham)	0800 3287507	
Derwentside District Council	01207 218000	www.derwentside.gov.uk

Other helpful organisations

<u>Organisation/service</u>	<u>Telephone</u>	<u>website</u>
Age Concern	0191 3863856	www.ageconcern.org.uk
AIDS helpline	0800 567 123	
Alcoholics anonymous	0845 7697555	www.alcoholics-anonymous.org.uk
Back Pain Advice	-	www.backpainadvice.co.uk
Citizens Advice Bureau	01207 218815	www.citizensadvice.org.uk
Derwentside Bereavement Support	01207 230777	www.derwentside.gov.uk
Diabetes UK	01325 488606	www.diabetes.org.uk
Health promotion services (County Durham & Darlington)		www.health-promotion.cdd.nhs.uk
Derwentside MIND	01207 284723	www.mind.org.uk
NECA	0191 2221262	www.neca.co.uk
Patient UK	-	www.patient.co.uk
Register Office (Consett)	01207 502797	www.derwentside.gov.uk
Relate		www.relate.org.uk
Sexually transmitted disease clinics (STD) /GUM services		
University Hospital of North Durham	0191 3332660	
Newcastle upon Tyne Hospitals	0191 2195011	
	0191 2195013	